

Mount Sinai Adolescent Health Center

For over 50 years, the Mount Sinai Adolescent Health Center has been breaking down barriers to health care and wellness for young people by providing high-quality, comprehensive, integrated, confidential care to every young person who walks through our doors—all at no cost to them. Our services—which include everything from mental to dental—are designed to put teens & young adults on track to a healthy adulthood.



In 2018, we saw
12,000
patients.

70%
of our patients see us for
primary care services.

22%
of our patients use our
mental health services.

35%
receive services from our 6
school based health centers,
which serve 24 high schools.

100%
of youth seen for medical
services receive a
detailed psychosocial
screening.

Nearly
90%
of our sexually active
youth are screened for
STIs.

67%
of our patients who are at
least 23 years old have
graduated from high
school and are in college.
Research has shown that
higher education is the
surest way to break the
cycle of poverty.***

3x
more of our youth use
Long Acting Reversible
Contraception (such as
IUDs and implants) than
young people do
nationally.*

70%
of our youth diagnosed
with HIV have an
undetectable viral load.
That's almost 20% higher
than the national
average.**

94%
of youth feel their
provider listens and
attends to their needs.

Over the last 4 years, the
Center has provided
medical care to over
500
transgender youth, many
of whom also use our
mental health services.
Another 100 young
people have come in just
for mental health care.

67%
of our youth have access
to their patient portal,
which allows them to
access their own medical
record and communicate
confidentially with their
provider.

The Center has the largest
and longest-running HPV
study in the nation, with
over
1,500
young people.