

# Mount Sinai Adolescent Health Center

For over 50 years, the Mount Sinai Adolescent Health Center has been breaking down barriers to health care and wellness for young people by providing high-quality, comprehensive, integrated, confidential care to every young person who walks through our doors—all at no cost to them. Our services—which include everything from mental to dental—are designed to put teens & young adults on track to a healthy adulthood.



In 2018, we saw  
**12,000**  
patients.

**70%**  
of our patients see us for  
primary care services.

**22%**  
of our patients use our  
mental health services.

**35%**  
receive services from our 6  
school based health centers,  
which serve 24 high schools.

**100%**  
of youth seen for medical  
services receive a  
detailed psychosocial  
screening.

Nearly  
**90%**  
of our sexually active  
youth are screened for  
STIs.

**67%**  
of our patients who are at  
least 23 years old have  
graduated from high  
school and are in college.  
Research has shown that  
higher education is the  
surest way to break the  
cycle of poverty.\*\*\*

**3x**  
more of our youth use  
Long Acting Reversible  
Contraception (such as  
IUDs and implants) than  
young people do  
nationally.\*

**70%**  
of our youth diagnosed  
with HIV have an  
undetectable viral load.  
That's almost 20% higher  
than the national  
average.\*\*

**94%**  
of youth feel their  
provider listens and  
attends to their needs.

Over the last 4 years, the  
Center has provided  
medical care to over  
**500**  
transgender youth, many  
of whom also use our  
mental health services.  
Another 100 young  
people have come in just  
for mental health care.

**67%**  
of our youth have access  
to their patient portal,  
which allows them to  
access their own medical  
record and communicate  
confidentially with their  
provider.

The Center has the largest  
and longest-running HPV  
study in the nation, with  
over  
**1,500**  
young people.